

# Rolla Spring Athletics

## Practices:

First Day of High School Practice: February 26, 2024  
(9<sup>th</sup> - 12<sup>th</sup> Grades)

First Day of Junior High Practice: March 4, 2024  
(7<sup>th</sup> & 8<sup>th</sup> Grades)

## **Athletic Requirements for 2024**

(if not completed during the fall or winter seasons)

- ☐ A **Physical Packet**, which contains a physical examination form, is required for all first-time athletes, cheerleaders, and MSHSAA participants or those who physical examination is more than two years old (date listed on examination form completed by your physician). This form must be on file in the RHS Activities Office before an athlete can actively participate.
- or
- ☐ An **Annual Update** is required if it's been more than one year since the physical examination, but less than two years (date listed on examination form completed by your physician). This form must be on file in the RHS Activities Office before an athlete can actively participate.
- and
- ☐ **Athletic Participation Fee** – this \$55 fee must be paid prior to an athletes first athletic event (this is not required for activity participants). Payment should be made on <https://rollabulldogs.org/main/ticketing/>
- and
- ☐ **Co-Curricular Requirement** – this requirement must be completed by both the student and parent and may require attendance at a coaches or sponsor meeting each and every season/activity your student participates.

Please call 458-0149 with any questions.

# ROLLA PUBLIC SCHOOLS ATHLETIC TRY-OUT AND EARLY PRACTICE SCHEDULE

## **Sport:** BASEBALL

**Level:** 9 - 12<sup>th</sup> GRADES

**Head Coach:** KENNY HOHE

**Location:** FCNB BASEBALL FIELD

**Dates & Times:**

FEBRUARY 26 - 28: TRY-OUTS 3:30 - 6:30 pm  
FEBRUARY 29 - season: 3:30 - 6:30 pm  
MARCH 5: Scrimmage / Umpire Training 3:30 - 7:30 PM  
MARCH 7: Parent Meeting/Co-Curricular Meeting at 6 pm in HS Cafe  
MARCH 12: BASEBALL JAMBOREE @ UNION HIGH SCHOOL  
MARCH 13: Team pictures at the RHS Bray Complex at 330 pm  
(seniors should be at the HS at 3:15 pm for senior banner pic)  
MARCH 14: Participation Fee + Co-Curricular Requirement Due  
MARCH 15: RHS @ Nixa/Ozark Tournament  
April 16: SENIOR NIGHT v. PARKVIEW  
*Full practice schedule will be provided by coach*

## **Sport:** BOYS GOLF

**Level:** 9 - 12<sup>th</sup> GRADES

**Head Coach:** ZACK NIXON

**Location:** OAK MEADOW COUNTRY CLUB

**Dates & Times:**

FEBRUARY 26 - March 1: TRY-OUTS 3:30 - 6 pm  
MARCH 4: 3:30 - 6 pm  
MARCH 5: Parent Meeting/Co-Curricular Meeting at 5:30 pm  
MARCH 13: Team pictures at OMCC at 4:45 pm  
(seniors should be at the RHS Bray Complex at 3:15 pm for senior banner pic)  
MARCH 17: Participation Fee + Co-Curricular Requirement Due  
MARCH 18: RHS @ Camdenton  
APRIL SENIOR NIGHT TBA  
*Full practice schedule will be provided by coach*

## **Sport:** GIRLS SOCCER

**Level:** 9-12<sup>th</sup> GRADES

**Head Coach:** Matt Calvert

**Location:** LION'S MEMORIAL TURF FIELD

**Dates & Times:**

FEBRUARY 26 - 29: TRY-OUTS 3:30 - 5:30 pm  
MARCH 1 - SEASON: 3:30 - 5:30 pm  
MARCH 1: Parent Meeting/Co-Curricular Meeting at 5:30 pm  
MARCH 13: Team pictures at RHS Bray Complex at 3:30 pm  
(seniors should be at the field at 3:15 pm for senior banner pic)  
MARCH 14: Participation Fee + Co-Curricular Requirement Due  
MARCH 15-16: RHS v. BLUEFISH SOCCER INVITATIONAL  
APRIL 30: SENIOR NIGHT v. WAYNESVILLE  
*Full practice schedule will be provided by coach*

**Sport: BOYS TENNIS****Head Coach: JOSH VINYARD****Location: BER JUAN TENNIS COURTS****Dates & Times:**

FEBRUARY 26 - season: Practice from 3:30 - 5:30 pm  
MARCH 11: Parent Meeting/Co-Curricular Meeting @ 5:15 pm  
MARCH 13: Team pictures at Ber Juan Courts at 3:30 pm  
(seniors should be at the field at 3:15 pm for senior banner pic)  
MARCH 15: Participation Fee + Co-Curricular Requirement Due  
MARCH 19: FIRST MATCH v. WEST PLAINS  
APRIL 24: SENIOR NIGHT

*Practice Schedule is subject to change, remaining practice schedule will be provided by coach.*

**Level: HS TRACK****Head Coach: CODY SNEED****Location: ROLLA COMMUNITY TRACK****Dates & Times:**

FEBRUARY 21 or 28: Parent Meeting/Co-Curricular Meeting @ 5:30 pm  
FEBRUARY 26 - SEASON: Practice from 3:30 - 5:00 pm  
MARCH 13: Team pictures at RHS Track at 4:30 pm  
(seniors should be at the field at 3:15 pm for senior banner pic)  
MARCH 14: Participation Fee + Co-Curricular Requirement Due  
MARCH 15: FIRST MEET v. WAYNESVILLE HIGH SCHOOL

*Practice Schedule is subject to change, remaining practice schedule will be provided by coach.*

**Sport: JH TRACK****Level: 7<sup>th</sup> & 8<sup>th</sup> GRADE****Head Coach: BRYCE SWAFFORD & JOSH TERRANOVA****Location: ROLLA COMMUNITY TRACK****Dates & Times:**

MARCH 1: SPORTS PHYSICALS or ANNUAL UPDATES ARE DUE  
MARCH 4: 6:15 - 7:30 am  
MARCH 12: Team pictures 3:30 pm at the track  
MARCH 12: Parent Meeting/Co-Curricular Meeting @ 5:00 pm  
MARCH 29: Participation Fee + Co-Curricular Requirement Due  
APRIL 1: FIRST MEET @ HOME

*Remaining practice schedule will be provided by coach.*